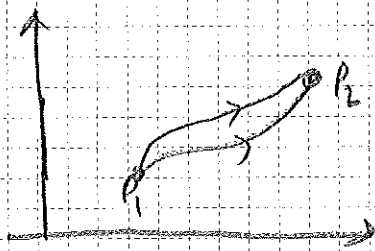


Chapter 7: Potential Energy and Energy Conservation

The work done by some forces only depends on the initial and final position of a particle. Such forces are called conservative forces.



Examples of conservative forces are the gravitational force or spring force.

(-) When the work done by a force depends on the path followed by the particle such a force is called nonconservative force.

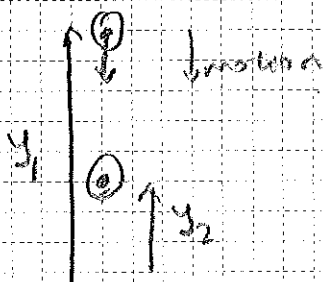
Example of a nonconservative force is the friction force.

For conservative forces, it is possible to define a potential function $U(x)$ such that the work done by the force is given as:

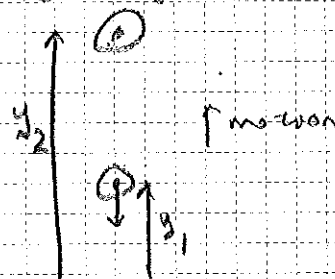
$$W_F = \int_{r_1}^{r_2} \vec{F} \cdot d\vec{r} = U(\vec{r}_1) - U(\vec{r}_2)$$

7.1. Gravitational Potential Energy:

Let's calculate the work done by the gravitational force.

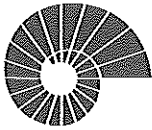


$$W_{\text{grav}} = mg(y_1 - y_2)$$



$$W_{\text{grav}} = -mg(y_2 - y_1) = mg(y_1 - y_2)$$

$$\Rightarrow W_{\text{grav}} = mg y_1 - mg y_2$$

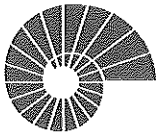


" $U = mgy$ " is called the gravitational potential energy.

$$\Rightarrow W_{\text{grav}} = U_1 - U_2 = -(U_2 - U_1) = -\Delta U \quad \leftarrow \text{Work done by the gravitational force.}$$

When the body moves up $y_2 > y_1 \Rightarrow$ gravitational potential energy increases ($\Delta U > 0$)

When the body moves down $y_2 < y_1 \Rightarrow$ gravitational potential energy decreases ($\Delta U < 0$)



If the only force applied to a body is gravitational force:

work-energy theorem

$$W_{\text{grav}} = \Delta K = -\Delta U \Rightarrow K_2 - K_1 = U_1 - U_2$$

$$\Rightarrow \boxed{K_1 + U_1 = K_2 + U_2}$$

define $E = K + U$: Total mechanical energy of the system.

$\Rightarrow E = K + U$ is constant: When only the force of gravity does work, the total mechanical energy is conserved.

Example 7.1: You throw a 0.145 kg ball straight up, with an upward initial velocity of 20 m/sec.
How high does the ball go? (ignore air resistance)

Conservation of energy:

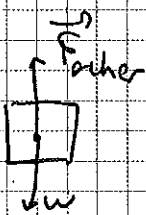
$$E_1 = K_1 + U_1 = \frac{1}{2} m v_0^2 + m g y_1 = K_2 + U_2 = \frac{1}{2} m 0^2 + m g y_2$$

$$\Rightarrow \frac{1}{2} m v_0^2 = m g (y_2 - y_1) \Rightarrow \boxed{y_2 - y_1 = \frac{v_0^2}{2g}}$$

y_1 can be arbitrarily chosen

$$\Rightarrow y_2 - y_1 = 20.4 \text{ m}$$

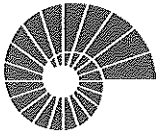
Effect of Other Forces



What happens when other forces (\vec{F}_{other}) act on the body in addition to the gravitational force?

\Rightarrow Write the work-energy theorem (is always valid)

$$W_{\text{grav}} + W_{\text{other}} = \Delta K$$



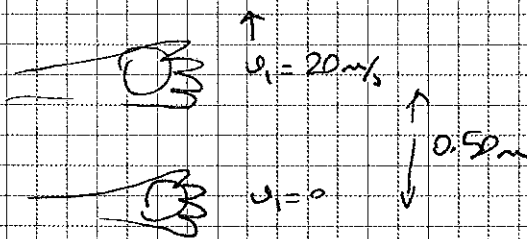
$$\Rightarrow W_{\text{grav}} = U_1 - U_2$$

$$\Rightarrow K_1 + U_1 + W_{\text{other}} = K_2 + U_2$$

$$\boxed{\frac{1}{2} m v_1^2 + m g y_1 + W_{\text{other}} = \frac{1}{2} m v_2^2 + m g y_2} \Rightarrow \boxed{W_{\text{other}} = E_2 - E_1}$$

"The work done by all forces other than the gravitational force is equal to the change in the total mechanical energy of the system."

Example 7.2: (Maybe skip)



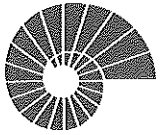
Suppose your hand moves up 0.5 m while exerting a constant force to the ball.

a) Magnitude of the force applied by your hand?

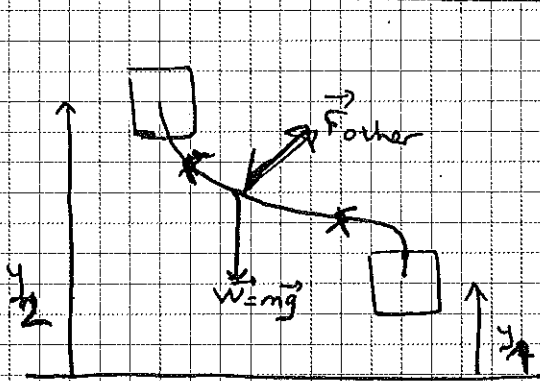
b) Speed of the ball 15 m above the point where it leaves your hand?

$$(a) \quad W + \frac{1}{2} m v_1^2 = \frac{1}{2} m v_2^2 + m g (y_2 - y_1) = F (y_2 - y_1)$$

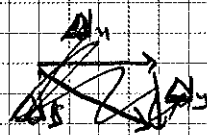
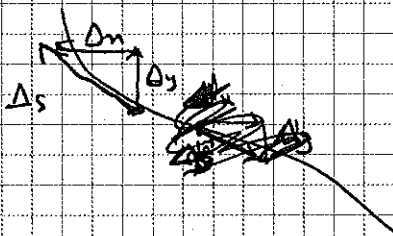
$$(b) \quad \frac{1}{2} m v_2^2 + m g y_2 = \frac{1}{2} m v_3^2 + m g y_3 \Rightarrow \frac{1}{2} v_3^2 = \frac{1}{2} v_2^2 + g (y_2 - y_3) \\ = \frac{1}{2} v_2^2 - g (y_3 - y_2) //$$



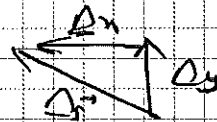
Gravitational Energy for Motion Along a Curved Path:



$$W_{\text{grav}} = \int_{P_1}^{P_2} \vec{w} \cdot d\vec{l}$$



~~$\Delta \vec{s} = \Delta x \hat{i} + \Delta y \hat{j}$~~
 $\Delta \vec{s} = \Delta x \hat{i} + \Delta y \hat{j}$



Consider an infinitesimal displacement $\Delta \vec{s}$

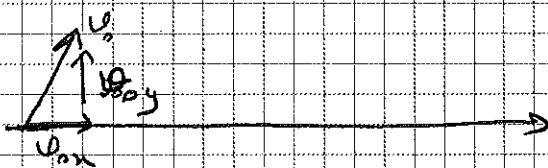
$$\Delta W_{\text{grav}} = \vec{w} \cdot \Delta \vec{s} = -w \Delta y$$

$$\Rightarrow W_{\text{grav}} = - \int_{P_1}^{P_2} w dy = -w (y_2 - y_1) = \boxed{U_1 - U_2}$$

Work done by the gravitational force is unaffected by horizontal motion.

Ex. 7.4: Maximum height of a projectile:

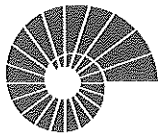
At maximum height: $v = v_{0x}$



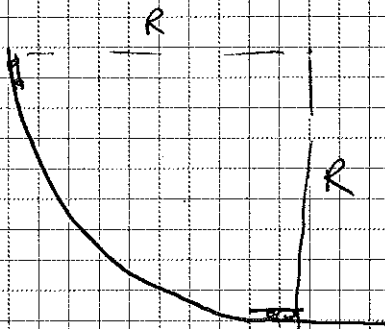
$$K_1 + U_1 = K_2 + U_2$$

$$\Rightarrow \frac{1}{2} m v_0^2 + m g 0 = \frac{1}{2} m v_x^2 + m g h$$

$$\Rightarrow m g h = \frac{1}{2} m (v_0^2 - v_0^2 \cos^2 \alpha) \Rightarrow h = \frac{v_0^2}{2g} (1 - \cos^2 \alpha) = \frac{v_0^2}{2g} \sin^2 \alpha //$$



Ex 7.5: Ex Swing



$m = 25 \text{ kg}$

a) Find the speed at the bottom of the ramp

b) Normal force that acts on him at the bottom of the curve.

a) $K_1 = 0$ $U_1 = mgR$ $\Rightarrow K_1 + U_1 = K_2 + U_2$
 $K_2 = \frac{1}{2} m v_2^2$ $U_2 = 0$

normal force does no work, because it is always perpendicular to the motion.

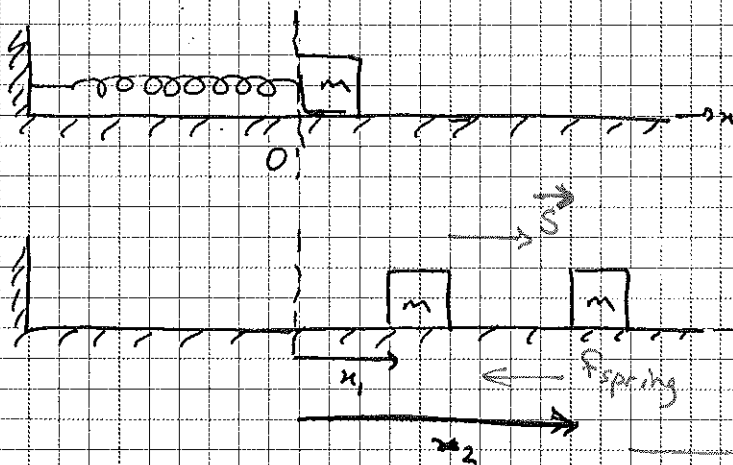
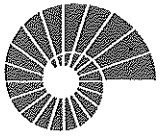
b) At the bottom of the curve
 non-uniform circular motion:

$$a_{\text{rad}} = \frac{v^2}{R} = \frac{v^2}{R} \Rightarrow \boxed{a = \omega + \frac{m v^2}{R}}$$

7.2) Elastic Potential Energy

Springs ^{can} also store energy which can later be converted to kinetic energy. This will be described by elastic potential energy.

We will assume an ideal spring: $F = kx$ needed to stretch the spring to "x" from the unstretched position



Imagine you pull the mass m in $+x$ direction.

Work done by the spring:
$$W_{el} = \int_{x_1}^{x_2} -kx \, dx = \frac{1}{2} kx_1^2 - \frac{1}{2} kx_2^2$$

When $|x_1| < |x_2|$ spring does negative work on the block

$|x_1| > |x_2|$ ————— positive work on the block.

Define the elastic potential energy:

$$U = \frac{1}{2} kx^2$$

$$\Rightarrow W_{el} = U_1 - U_2 = -\Delta U$$

When a spring is stretched $W_{el} > 0 \Rightarrow \Delta U > 0$: stored energy

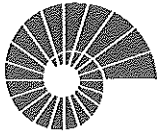
————— compressed $W_{el} < 0 \Rightarrow \Delta U < 0$: spring loses its potential energy.

\Rightarrow According to work-energy theorem

$$W_{total} = \Delta K$$

if the elastic force is the only force that does work on a body,

$$W_{total} = W_{el} = U_1 - U_2 = K_2 - K_1 \Rightarrow U_1 + K_1 = U_2 + K_2$$



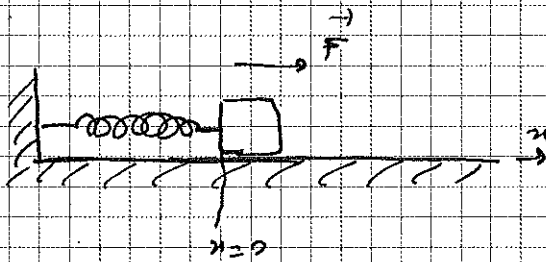
$E = K + U$: total mechanical energy is conserved.

If forces other than the elastic force do work:

$$W_{\text{tot}} = W_{\text{el}} + W_{\text{other}} = \Delta K$$

$$\Rightarrow K_1 + U_1 + W_{\text{other}} = K_2 + U_2$$

Ex 7.8:



Suppose the mass is initially at rest at $x=0$.

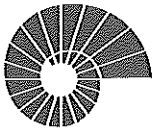
You apply a constant \vec{F} in the direction with magnitude 0.610 N

What is the mass's velocity at $x=0.1 \text{ m}$?

$$W_{\text{other}} + W_{\text{spring}} = \Delta K$$

$$W_{\text{other}} + U_1 + K_1 = K_2 + U_2 \Rightarrow W_{\text{other}} = (0.610 \text{ N})(0.1 \text{ m}) = K_2 + \frac{1}{2} k x^2$$

$$\Rightarrow K_2 = (0.610 \text{ N})(0.1 \text{ m}) - \frac{1}{2} k x^2$$



7.3. Conservative and Nonconservative Forces:

A force which allows for two-way conversion between kinetic and potential energies is called a conservative force.

When a conservative force is applied on a body;

"Total mechanical energy" $E = K + U$ is conserved. (E.g. gravitational force, spring force)
"Law of conservation of energy"

Work done by a conservative force always has the property:

(i) $W_{\text{cons}} = U_1 - U_2$ It can be expressed as the difference between initial and final values of a potential energy function.

⇒ When starting and ending points are the same, total work done by a conservative force is zero.

Consider a conservative force in 1D;

$$W_{\text{cons}} = \int_{x_1}^{x_2} F(x) dx = U(x_1) - U(x_2)$$

if $G(x)$ is a function such that $\frac{dG}{dx} = F$

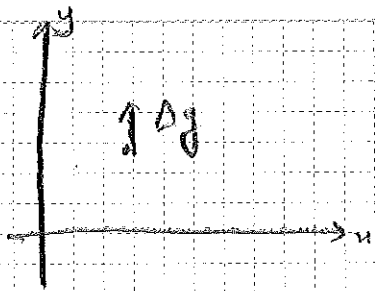
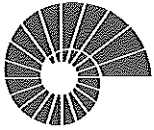
$$\int_{x_1}^{x_2} F(x) dx = G(x_2) - G(x_1) = U(x_1) - U(x_2) = -(U(x_2) - U(x_1))$$

$$\Rightarrow \boxed{F = -\frac{dU(x)}{dx}}$$

Relationship between force and potential energy function in 1D.

In general when $\vec{F}(x, y, z)$ is a conservative force in 3D:

$$\vec{F}(x, y, z) = F_x \hat{i} + F_y \hat{j} + F_z \hat{k}$$



Work done to move the particle for a displacement of Δy along y direction is

$$F_y(x, y, z) \Delta y = U(x, y, z) - U(x, y + \Delta y, z)$$

$$\Rightarrow F_y = \frac{U(x, y, z) - U(x, y + \Delta y, z)}{\Delta y}$$

$$\Rightarrow F_y = \lim_{\Delta y \rightarrow 0} - \left(\frac{U(x, y + \Delta y, z) - U(x, y, z)}{\Delta y} \right) = - \frac{\partial U}{\partial y} \quad \leftarrow \text{partial derivative of } U \text{ with respect to } y.$$

Therefore:

$$\vec{F} = F_x \hat{i} + F_y \hat{j} + F_z \hat{k} = - \left(\frac{\partial U}{\partial x} \hat{i} + \frac{\partial U}{\partial y} \hat{j} + \frac{\partial U}{\partial z} \hat{k} \right) = - \vec{\nabla} U$$

$\vec{\nabla} U$: gradient of U ,

$\Rightarrow \boxed{\vec{F} = -\vec{\nabla} U}$ relationship between the potential function and a conservative force.

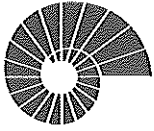
Examples:

Elastic potential energy: $U = \frac{1}{2} kx^2 \Rightarrow F_x = - \frac{dU}{dx} = -kx \checkmark$

Gravitational potential energy: $U = mgy \Rightarrow F_y = \frac{dU}{dy} = -mg \checkmark$

A spring in 2D: $U = \frac{1}{2} k(x^2 + y^2)$

$$\Rightarrow \vec{F} = -\vec{\nabla} U = -kx \hat{i} - ky \hat{j}$$



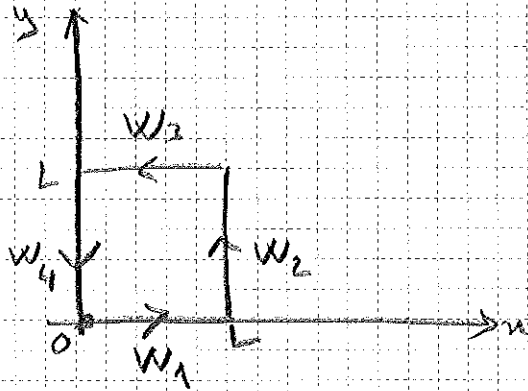
Ex 7.13: In a certain region of space the force on an electron is $\vec{F} = Cx\hat{j}$ where C is a constant. Is this force conservative?

Two ways of solving the problem:

(i) Find the work done by \vec{F} along a closed loop, it should be equal to 0 if \vec{F} is conservative.

(ii) Find a potential function U such that $\vec{F} = -\vec{\nabla}U$.

(i) Work done along a closed loop.



$$W = \int \vec{F} \cdot d\vec{l}$$

along the square in counter clockwise direction.

$$d\vec{l} = dx\hat{i} + dy\hat{j} + dz\hat{k}$$

$$z = L$$

$$W_1 = \int (Cx\hat{j}) \cdot (dx\hat{i} + dy\hat{j} + dz\hat{k}) = \int Cx dy = 0, \text{ no change in } y.$$

$$W_2 = \int_{y=0}^L Cx dy = \int_0^L CL dy = CL \int_0^L dy = CL^2$$

$$W_3 = \int_{x=L}^0 Cx dy = 0, \text{ no change in } y.$$

$$W_4 = \int_{y=L}^0 Cx dy = 0, (x=0)$$

$$\Rightarrow W = W_1 + W_2 + W_3 + W_4 = CL^2 \neq 0$$

$\Rightarrow \vec{F}$ is non conservative.



$$(ii) \vec{F} = Cn\hat{j} = -\left(\frac{\partial U}{\partial x}\hat{i} + \frac{\partial U}{\partial y}\hat{j} + \frac{\partial U}{\partial z}\hat{k}\right)$$

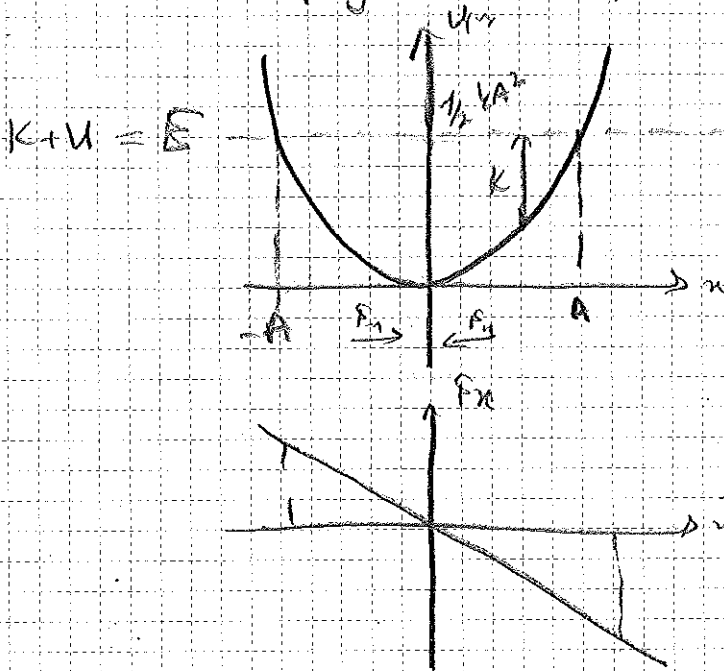
$$\rightarrow \frac{\partial U}{\partial y} = -Cx \Rightarrow U = -Cxy + U_0$$

But if $U = -Cxy + U_0 \Rightarrow \frac{\partial U}{\partial x} = -Cy \neq F_x$, so a potential function U cannot be found.

7.5. Energy Diagrams:

When a particle moves in 1D under the influence of a conservative force, a lot of insight can be gained by analyzing the graph of the potential energy function $U(x)$.

Consider the spring potential function $U(x) = \frac{1}{2}kx^2$



If the total energy of the particle is $E = \frac{1}{2}kA^2$

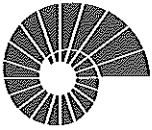
\Rightarrow The particle moves between $x=A$ and $x=-A$

$$F_x = -\frac{dU}{dx} = -kx$$

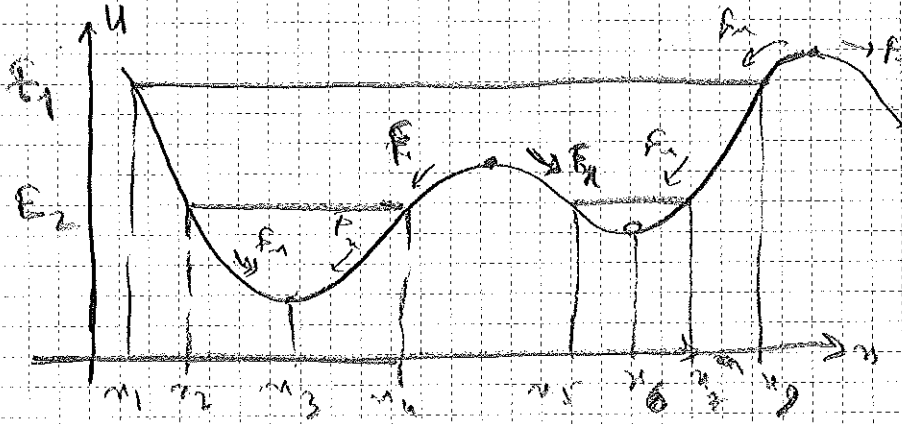
F_x is trying to bring the particle towards $x=0$.

$\Rightarrow x=0$ is a point of stable equilibrium. Any minimum in a potential energy curve is a stable equilibrium position.

$\&$ The particle will oscillate around the stable equilibrium point.



Now consider a general $U(x)$:



When the particle is located on a local maximum, $\frac{dU}{dx} = 0$, there is no force applied to the particle, A local minimum represents an equilibrium point where the particle may stay forever.

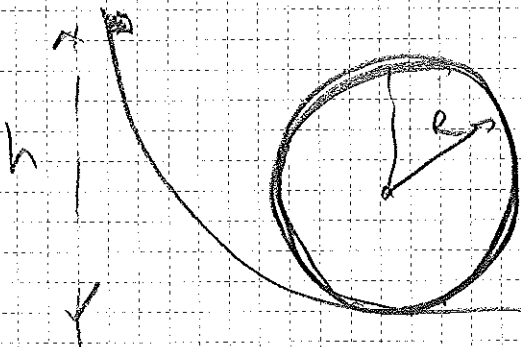
However F_x is trying to move the particle away from this equilibrium point \Rightarrow A local maximum is an unstable equilibrium point.

If total energy is E_1

particle oscillates between x_1 and x_5

$E_2 \Rightarrow$ particle oscillates either between $x_2 - x_4$ or $x_5 - x_7$

Prob 7.46:



A car rolls without friction around the track shown.

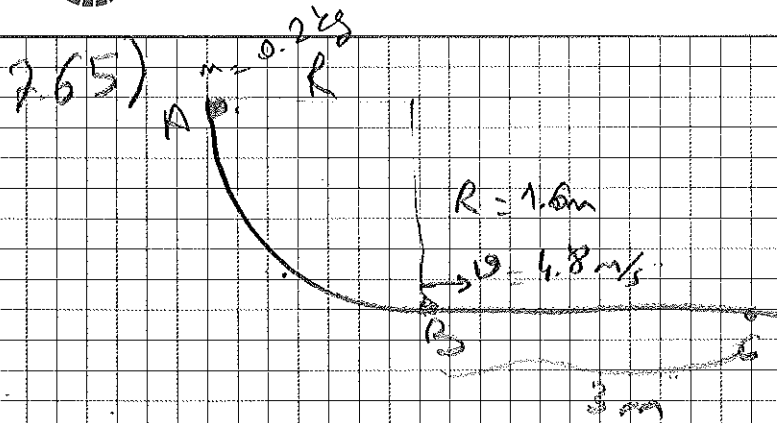
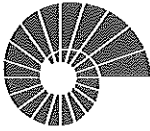
Car is initially at rest at height h

a) what is the minimum value of h such that the car moves around the loop without falling?

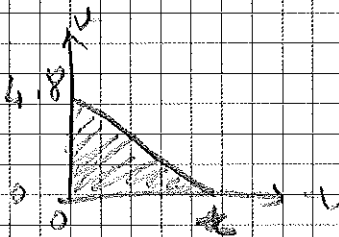
$$\frac{mv^2}{R} = mg \Rightarrow v = \sqrt{Rg}$$

$$mgh = mg2R + \frac{1}{2} mRg$$

$$\Rightarrow h = 2R + \frac{1}{2}R = \frac{5}{2}R$$



a) If the block stops at C, what is μ_k ?



$$\frac{4.8 \text{ m}}{2} = 3 \text{ m} \Rightarrow t = \frac{3}{2.4} \text{ sec}$$

$$a = \frac{4.8}{\frac{3}{2.4}} = \frac{(4.8)(2.4)}{3}$$

$$\Rightarrow f = \frac{0.2 \times (4.8)(2.4)}{3} = \mu_k (0.2) \cdot 9.8$$

$$\mu_k = \frac{(4.8)(2.4)}{3(9.8)}$$

b) Work done by friction on a block as it slides from A to C?

$$W_f + W_{mg} = \Delta K = \frac{1}{2} m (4.8)^2$$

$$W_f = \frac{1}{2} \cdot 0.2 (4.8)^2 - (0.2)(9.8)(1.6) = \dots$$

$$W_{fBC} = -\frac{1}{2} (0.2)(9.8) \times 3 = \dots$$